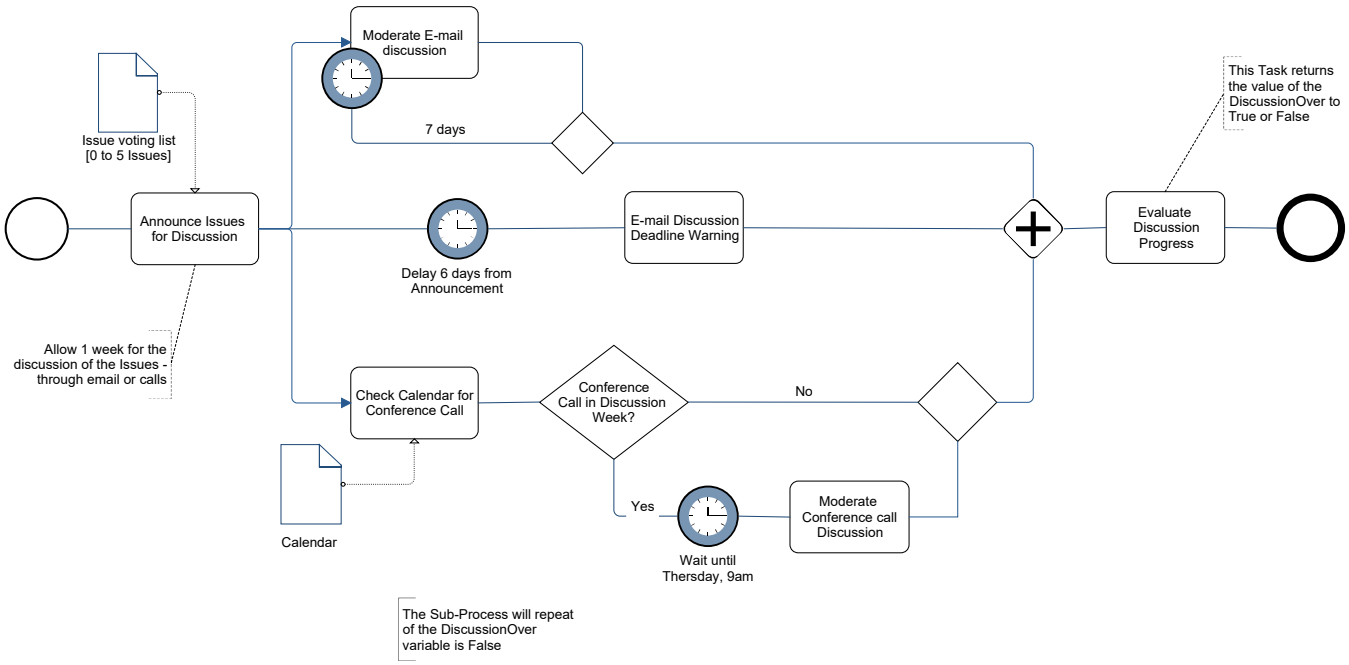Discussion Cycle Process