# Earthquake Emergency Response Plan

## Before an Earthquake

- •Keep an emergency kit in an easy-to-access location.
- •Make a family communication plan.
- Fasten shelves.
- Place heavy or fragile objects down low.
- Store any breakables securely.
- •Keep a flashlight near the bed.
- •Secure your furniture to the walls and floor.
- •Learn how to turn off the gas and watervalves in your home.
- •Store any flammables in closed cabinets.
- •Locate safe spots in each room under a table or against an inside wall.
- •Exercise an earthquake drill: Drop, cover and hold on.

### **During an Earthquake**

Drop, cover and hold on.

#### If indoors:

- •Drop to the ground, take Cover under something sturdy, wait until the shaking is over.
- •Stay away from glass, windows, outside doors and walls or anything that could fall or shatter.
- •If you are in bed move to a safe place.
- Avoid using inside doorways.
- •Stay in until the shaking stops then leave if necessary, DON'T try to exit during the shaking.
- DO NOT use elevators.
- •Be aware that the fire alarms may turn on.

#### If Outdoors:

- Stay outside.
- Move away from buildings.
- Once in the open stay put until the shaking stops.

#### If in Moving Vehicle:

- •Stop as quick and safe as possible and stay in the vehicle.
- Proceed with caution, avoid bridges or other buildings that might be damaged.

## If Trapped Under Debris:

- Do not light a match.
- •Try not to move too much.
- Cover your mouth with a cloth.
- •Tap on something so rescuers can locate you. Use a whistle if available. Shout as a last resort.

#### After an Earthquake

- •When the shaking stops look around to make sure it is safe. Then exit the building.
- Expect aftershocks
- •Help injured or trapped people. Give first Aid where appropriate. Call for help.
- Look for and extinguish small fires.
- Be aware of possible tsunamis. Stay away from the beach
- •Be careful when driving after an earthquake.
- Open cabinets cautiously. Beware of falling objects.
- Put on long pants and a longsleeve, sturdy shoes and gloves.
- Clean up any spilled medicine or flammables.
- Inspect for any damage. if you identify any serious damage leave.