

Emergency Kit and First Aid Supplies

EMERGENCY KIT	FIRST AID
•Water (2 gallons per person per day)	•Bandages
•Canned & Non-Perishable food, Bread, Energy bars	• Hand Sanitizer
•First Aid	•Gauze Pads
•Map	•Gauze Rolls
•Flash Light & Batteries	•Scissors
•Battery powered Radio	•First Aid Tape
•Multi-purpose Swiss knife	•Alcohol Swabs
•Duct Tape	•Cold Packs
•Matches or Lighter	•Thermometer
•Thermometer	•Antibiotic Ointment
•Pen & Paper	•Cortizone
•Cash & small change	•Ibuprofen
•Waste bags	•Tylenol
•Clothes, towels, blankets, shoes, hats, etc	•Antihistamine
•Personal toiletries	•Cooling Gel
•Personal documents	•Alcohol
•Bug repellent	•Peroxide
•Leather or Latex gloves	•Cotton Swabs
•Family Photographs for identification purpose	•Tweezers
•Emergency Tel. Numbers	•Needle