

TEA TYPES



GREEN TEA



Treat bloating, allergies, acne, and promote weight loss

PEPPERMINT



Remedy for bloating, nausea, PMS, bad breath

OOLONG



Promotes weight loss and boosts metabolism

MATCHA



Burn belly fat, immunity booster, detoxifier

WHITE



Beneficial for stress, weight loss, detoxification

CHAMOMILE



Beneficial for sleep, headache, anxiety, bloating

HIBISCUS



Best for high blood pressure, respiratory diseases

CHAI



Enhance the immune system, fight inflammation and cold

BLACK



Treat anxiety, weight loss, headache

GINGER



Reduce bloating, cold, upset stomach